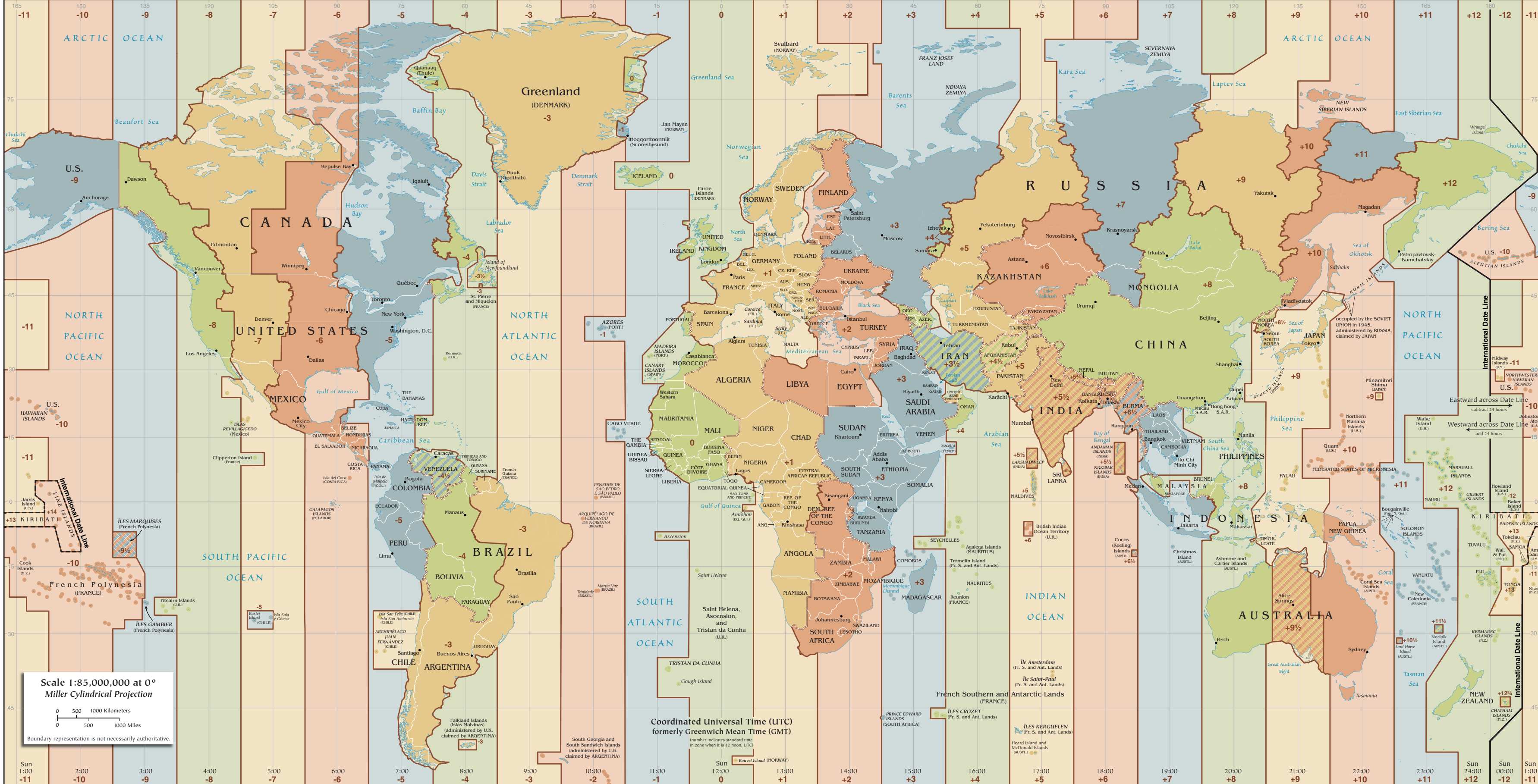


STANDARD TIME ZONES OF THE WORLD, OCTOBER 2015



Scale 1:85,000,000 at 0°
Miller Cylindrical Projection

0 500 1000 Kilometers
0 500 1000 Miles

Boundary representation is not necessarily authoritative.

Coordinated Universal Time (UTC)
formerly Greenwich Mean Time (GMT)

WEST EAST

Subtract time zone number from local time to obtain UTC.
Add time zone number from UTC to obtain local time.